

What is Tuberous Sclerosis Complex (TSC)?

Tuberous Sclerosis Complex (TSC) is a rare genetic condition that causes growths to develop in different areas of the body. A person is born with TSC - you cannot develop the condition during your life.

How does TSC affect lives?

Although TSC affects everyone living with the condition differently, common problems include:

-  **Difficult to control seizures**
-  **Developmental delay**
-  **Autism**
-  **Behavioural and learning difficulties**
-  **Sleep problems**
-  **Kidney problems**



TSC is a condition that has an impact not only on those living with the condition but also on families and loved ones.

Who are the Tuberous Sclerosis Association (TSA)?

We are the only UK charity dedicated to supporting and representing people affected by TSC. We help through:

- **Supporting** the TSC community
- **Funding research** into the causes, management and treatment of TSC
- **Campaigning** to influence NHS policy
- **Expanding knowledge and awareness of TSC** in the wider public and health, social and education professionals



Our understanding of TSC, its influence on the body and how to manage the condition has improved significantly in recent years.

But, we still have a long way to go.



Eight out of 10 people living with TSC also have epilepsy

The TSA is a company limited by guarantee registered in England and Wales no. 2900107. Charity number: 1039549 (England & Wales), SC042780 (Scotland)

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