

Time for
Tea & Scones
for TSC



Tea & SCones for TSC ‘Cuppa Quiz’

The amazing TSA Outlook group – where adults mildly affected by TSC come together - have been holding regular quiz nights over lockdown and having a great time. When they suggested they do a quiz for Tea & SCones for TSC, we were delighted!

This Global TSC Awareness Day (15 May), we want you to challenge your family, friends or colleagues to a quiz as part of Tea & SCones for TSC 2021! It's simple to organise, and we've got everything you need to make it a success in this pack.

Ssssshh - don't tell anyone, but we've only gone and given you our full set of questions and answers to the quiz at the end of this pack.



How to set up your Cuppa Quiz

Host your quiz virtually



Facebook Live, Zoom, FaceTime, House Party – there are lots of new ways to host your Quiz and get your friends and family to tune in! Set your date well in advance so you have plenty of time to prepare and get your quizzers to mark the dates in their diaries! You can combine this with Tea & SCones for TSC if you wish!

Set up your JustGiving page

The easiest way to raise and give money to us is through a JustGiving Page. Make sure to personalise your page with pictures, info on why you're fundraising and any updates from before and after your quiz night. Set up your page now at [JustGiving](https://www.justgiving.com)*.

Create a Facebook group

You might want to set up a Facebook* group, as it can be the perfect way to keep all of your family and friends posted on how your fundraiser is going, and a great way to ask for donations by sharing your [JustGiving](https://www.justgiving.com)* Page.

*Before using an online platform, always make sure to check their Terms and Conditions and Privacy Policy. It's your responsibility to be familiar with and comply with these.



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Spread the word

Share your plans and JustGiving page via text, email or Whatsapp. The most important thing is to keep spreading the word and raising vital funds to ensure that the TSA can support people living with TSC. Fundraising ideas to make your Cuppa Quiz a huge success!

Word of mouth

Don't underestimate the power of word of mouth! Tell your friends, family and colleagues that you're raising money to improve lives in the TSC community, ask them to spread the word to encourage more people to take part.

Promote on social media

Create a buzz on social media and promote your quiz online, it's a quick and easy way to let your friends, family and followers know what you're doing. Remember to share a link to your JustGiving Page and encourage your attendees to donate the

amount they would have usually paid for their local quiz.

Keep your JustGiving page up-to-date

Writing regular updates on your JustGiving page gives you the opportunity to talk about your fundraiser in greater depth and the reasons behind why you're supporting the TSA and raising awareness of TSC.

Get silly!

Ask the participating teams to sponsor you to do something a bit silly – how about an extra donation to dress up, or asking the questions in a different accent?

However you choose to fundraise, please make sure it's legal and safe. There is further advice on legal and safety issues available at tuberous-sclerosis.org/safety.

By taking part in fundraising for the TSA, you are agreeing to [our 'In aid of fundraisers' terms and conditions](#).

How to return your money

Please make sure you return all the money you've raised - every penny helps support people with TSC. Here are the best ways to quickly and easily pay in your money online:

JustGiving

Any money raised on your JustGiving page will come direct to the TSA – you don't need to do a thing!







By phone

By phone If you'd prefer to return the money you've raised over the phone, call us on: 0300 222 5737. You'll be guided through the process by our friendly team who are looking forward to speaking with you.

Cuppa Quiz - questions and answers

Here are our super TSA Outlook community group members who have put this Quiz together! A huge 'Thank you' to you all!

Those who kindly gave their time to the quiz includes Zoë Bull, a well-known TSA volunteer and well-loved TSC community member, who recently passed away. The thoughts and wishes of everyone at the TSA are with Zoë's loved ones at this time.

					
Katie	Zoe	Jane and Phil	Paul	Gez	Alexander
Science Round	Nature Round	History Round	Sport Round	Literature Round	Food/Drink Round

Remember: The Quiz Master is always right and has the final say!

Round 1: Science (Total = 5 pts)

1. What type of animal is a barramundi? (**A fish**)
2. What is the periodic symbol for sodium? (**K**)
3. What type of animal is described by the Latin term "ursine"? (**Bears**)
4. What colour is lobster blood when exposed to air? (**Blue**)
5. Which is the only metal that is in liquid form when at room temperature? (**Mercury**)

Round 2: Nature (Total 5 pts)

1. How old will David Attenborough be on his Birthday in May 2021? (**95**)
2. True/False, Owls are nocturnal birds? (**True**)
3. Which season is known as Fall in America? (**Autumn**)
4. What are the name of the yellow flowers that start coming out in February? (**Daffodils**)
5. True/False, Sleet is a mixture of rain and snow? (**True**)

Round 3: History (Total 5 pts)

1. In old money what bird was on the reverse of a farthing? (**A wren**)
2. Who was the prime minister when Queen Victoria ascended the throne? (**Lord Melbourne**)
3. In what year did Margaret Thatcher become Britain's first female prime minister? (**1979**)
4. In what year was The Tuberous Sclerosis Association founded? (**1977**)
5. Who first stated that blood is circulated around the body and is pumped by the heart? (**Dr William Harvey**)

Round 4: Sport (Total 14 pts)

1. Who won the 2006 Men's London Marathon? (**Felix Limo from Nigeria in 2.06 Hours**)
2. In Super Bowl 55 2021 who were the finalists? (**Tampa Bay Buccaneers and Kansa City Chiefs**)
3. This is a two-part question:
 - a. Only seven Premier League clubs have been title winners. Who are they? (1 point per team). (**Manchester United, Blackburn Rovers, Arsenal, Chelsea, Manchester City, Leicester City and Liverpool**)
 - b. Only one player has won the Premier League title with two different clubs - who was it? (**Henning Berg with Blackburn Rovers and Manchester United**)
4. Name four famous people with sporting connections to the name 'Brady'. (1 point per person) (**Liam Brady: between 1973-1990 represented six football clubs and the Republic of Ireland, Baroness Karren Brady CBE (West Ham United Vice-Chairman), Tom Brady: Super Bowl Winner with Tampa Bay Buccaneers in February 2021, and Jennifer Brady: US Australian Open 2021 Finalist**)
5. In cricket, how many runs would a fielding side concede for catching a ball in a hat: A Three: B Five C Ten? (**B, Five runs**)

Round 5: Books (Total 5 pts)

1. What is the name of the author who wrote 'The Handmaids Tale' and 'The Testaments'? (**Margaret Atwood**)
2. Who wrote the Hannibal Lecter books? (**Thomas Harris**)
3. Who wrote The Da Vinci code, Digital Fortress and Angel and Demons? (**Dan Brown**)
4. Who wrote the Game of Thrones books? (**George RR Martin**)
5. Which X-Files creator had written books such as Hunting Evil and Gallery of the Dead (**Chris Carter**)



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Round 6: Food and Drink (Total 6 pts)

1. What was the most important food eaten by early North American settlers? (**Corn**)
2. What does IPA stand for? (**Indian Pale Ale**)
3. "The sweet you can eat between meals without spoiling your appetite." Name the chocolate bar. (**Milky Way**)
4. Which is the most expensive spice in the world by weight? (**Saffron**)
5. What is Tasseography? (**Reading of tea leaves**)
6. What is the best-selling beer produced by Mexico? (**Corona**)

Total = 40 points

Thank you for taking part!

Please contact the fundraising team with any questions at fundraising@tuberous-sclerosis.org. Remember to share your event photos with us on social media using the **#TeaAndScones2021**