

TSA Dog Jog

Walk, jog or run with your four-legged friend this year to raise funds and awareness for the Tuberous Sclerosis Association.

Fundraising Pack

TSA Dog Jog

Are you ready to walk, jog, or run alongside your furry friend in the TSA Dog Jog virtual event?

Thank you for signing up for the TSA Dog Jog! By taking part in this event, you are helping to support individuals and families affected by Tuberous Sclerosis Complex (TSC). Your involvement makes a real difference.

We're here to make your fundraising journey as enjoyable and successful as possible. From tips to templates, this guide is packed with everything you need to reach your goals. Plus, our team is available to assist you every step of the way.

Here's how the TSA Dog Jog works:

- 🐾 Choose a day or month to walk, jog or run your preferred distance this year.
- 🐾 Set up your JustGiving page to start fundraising.
- 🐾 Choose a location that works for you and your dog—whether it's your local park, a favourite walking route, or your own backyard.
- 🐾 Spread the word! Tell your friends and family about the event, and encourage them to register too.
- 🐾 Begin your training and get familiar with your route.
- 🐾 Share your fundraising page to encourage friends and family to donate towards your challenge.



Fundraising

Raise funds by creating a fundraising page that you can share with friends and family.

JustGiving™

Setting up a JustGiving page is simple and a great way to collect donations online. Be sure to personalise your page with photos of you and your dog, and share why you're participating in the TSA Dog Jog.

Click [here](#) to create your own Dog Jog JustGiving fundraising page.

While there's no minimum fundraising target, every pound you raise helps the TSA make a difference. Set a goal that feels achievable and challenge yourself to go beyond it!



You are making a difference

Every donation counts. We receive no government funding, your support is the difference between the TSA being here or not.

The Tuberous Sclerosis Association is dedicated to improving the lives of people affected by TSC. Donations from events like the Dog Jog enable us to:

- Provide vital information and support services.
- Fund pioneering research to find better treatments and, one day, a cure for TSC.
- Advocate for the needs of the TSC community across the UK.



£10 could provide a free information pack to support parents with a newly diagnosed child

£20 could provide one-to-one tailored guidance through our confidential helpline

£50 could fund essentials needed for a clinical trial into new treatments

What happens next?

**We are here to support you all the way,
when you sign up you will receive:**

- A welcome email
- A **FREE** TSA Dog Bandana*
- Downloadable fundraising resources
- Support from the TSA fundraising team
- Online TSA Dog Jog gallery - send in photos of your dog wearing their TSA bandana
- A finisher certificate

*You should receive your dog bandana in approximately 10 - 30 business days.



Fundraising Tips

Make an impact by sharing your story



Be proud to share your fundraising page on social media.



Make your own first donation, to get your fundraising started.



Tell your employer, they may sponsor you or match your donations!



Share regular updates to your followers, so they can follow your progress.



Finished your challenge? Share your page and your total raised to encourage more donations.



Celebrate and share your progress and fundraising milestones.

Don't forget to say thank you to all your donors and supporters.



Set a target, pages with a target raise 17% more!



Take and share photos make sure you also send them to us!



Let fellow dog walkers join you for a donation, if they don't want to sign up.



Raise 40% more by connecting your fundraising page to your fitness app.



Cashless donations
on the go with



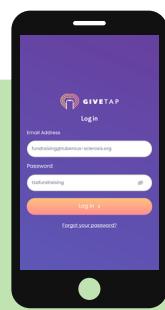
GIVE TAP

All you need is your phone and to download the free Give Tap App.



Step 1

Download the Give Tap on Apple App Store or Google Play Store



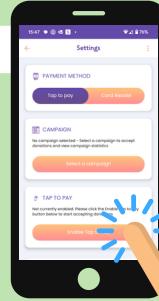
Step 2

Log in with email:
fundraising@tuberous-sclerosis.org
and password **tsafundraising**



Step 4

Select the relevant fundraising campaign



Step 3

Enable the option Tap to Pay

Click the Give Tap icon

to take your first donation, select/enter the donation amount, then press continue. If you tick the Gift Aid box the donor will be asked for their name and address.

FAQ's

What is the Give Tap app and how does it work?

The Give Tap App enables you to take contactless donations in person, instantly, from your own phone.

Is any donor information stored on the phone?

No, all data is transmitted at the point of donation, with nothing left on the app post-donation. Donors can be confident that the security of their card details is maintained at each stage of the process.

What happens to the donation?

The donation will be paid to the TSA via Stripe who will then deduct their fees and make a payment to the TSA. No payments are made to the fundraiser.

What is the minimum and maximum donation?

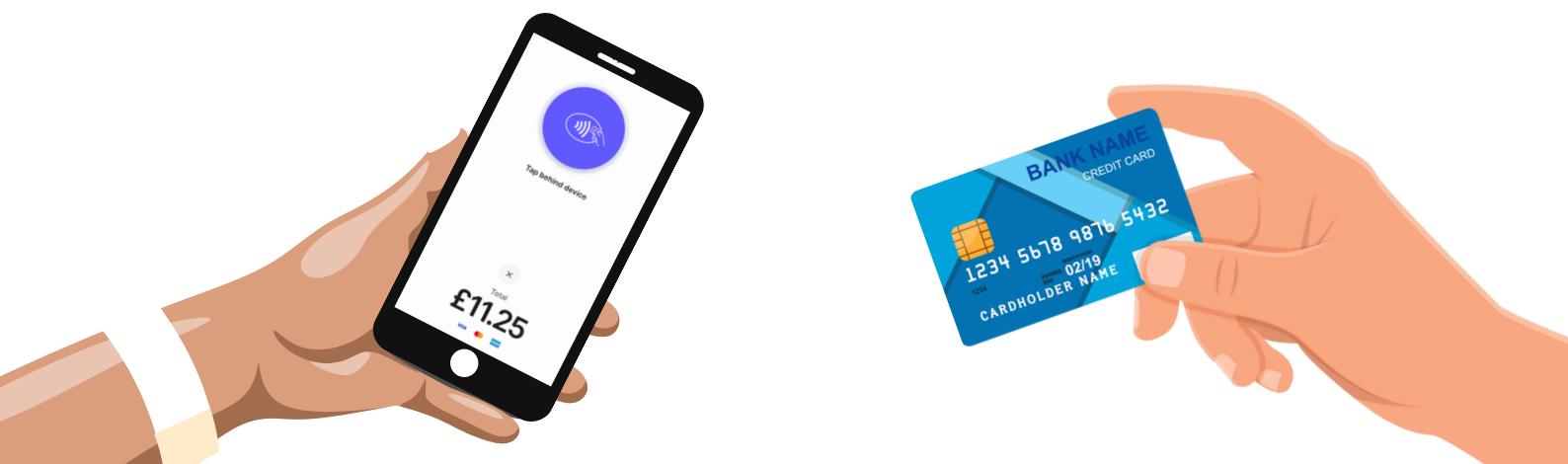
There is no minimum donation. The contactless limit in the UK is £100, there is no limit to the number of transactions you can take.

What phone/software version do I need?

It's available on iOS and Android. If you have an iPhone you will need an iPhone XS or later, running iOS 16.4 or later. Please note, the iPhone SE is not currently supported for this feature.

Does it take digital wallets e.g Apple Pay?

Yes - the app accepts payments from NFC-based digital wallets such as Apple Pay, Google Pay and Samsung Pay.



We're raising money for **Tuberous Sclerosis Association**



www.tuberous-sclerosis.org



We're raising money for **Tuberous Sclerosis Association**

Event:



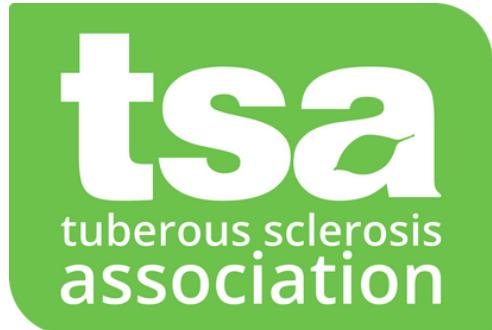
When:

Where:



www.tuberous-sclerosis.org





Support the TSA

Sign up to the TSA Dog Jog

Scan the QR code and complete the form
to sign up and walk this year.



Sign up today



Thank you for fundraising for the Tuberous Sclerosis Association

Your details

Name _____

Address _____

Postcode _____

Telephone _____

Email _____

Date paid _____

Paid via Online Post Email Text (SMS)

Bank Transfer

Keep up to date with the TSA

We'd love to keep in touch with you about our services, support, events, charity news and fundraising. We will not be able to contact you without your permission. Please tick the boxes below so that we can continue to share information and ask for your help.

Post Phone Email

Text (SMS)

Complete and send a copy of this form to
fundraising@tuberous-sclerosis.org

Event name _____
Event date _____
Total raised _____

Pay in your donations



Online

Visit www.tuberous-sclerosis.org/donate



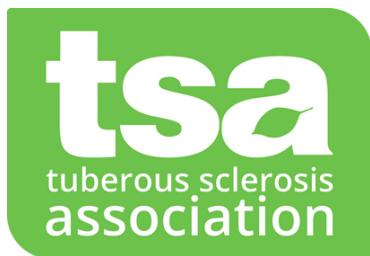
Post

Please make cheques payable to "TSA"
Fundraising Team, The Tuberous Sclerosis Association, c/o Nightingale House, 46-48 East Street, Epsom, Surrey, KT17 1HQ

Bank Transfer

Account Name: Tuberous Sclerosis Association
Sort Code: 40-52-40
Account number: 000007047





THANK YOU

Together we raised

£

We're incredibly grateful to everyone who has donated to the TSA Dog Jog. It's only through your kindness and generosity that we're able to continue to be here to provide help for today and a cure for tomorrow. **Thank you!**



www.tuberous-sclerosis.org

FAQ's

What is the challenge distance?

5k is our suggested distance but you can take on whichever distance you like, whether that's 5K, 10k or a bit more.

Is there a minimum fundraising target?

We have suggested a minimum fundraising target of £50.00, but most importantly we ask you to just raise as much as you can for individuals and families affected by TSC.

Can I order additional fundraising resources?

Yes, you can request additional fundraising resources by clicking [here](#).

I need the link to set up a JustGiving page?

No problem, click [here](#) to set up your TSA Dog Jog Just Giving page.

When will I receive the free dog bandana?

Your bandana will be sent out once you have submitted your registration form and will take approximately 10 - 30 business days to arrive.

I have other questions?

Not a problem at all, if we haven't answered your questions, please feel free to email the fundraising team - fundraising@tuberous-sclerosis.org



Thank You and Good Luck!

We are so grateful for your incredible support by taking part in the Dog Jog for the Tuberous Sclerosis Association (TSA). Your dedication not only helps raise vital funds but also spreads awareness about TSC, making a real difference in the lives of those affected by this condition.

From all of us at the TSA

Thank You