



TSA Dog Jog

Walk, jog or run with your four-legged friend this March to raise funds and awareness for the Tuberous Sclerosis Association.

Fundraising Pack








TSA Dog Jog

Are you ready to walk, jog, or run alongside your furry friend in the TSA Dog Jog virtual event?

Thank you for signing up for the TSA Dog Jog! By taking part in this event, you are helping to support individuals and families affected by Tuberous Sclerosis Complex (TSC). Your involvement makes a real difference.

We're here to make your fundraising journey as enjoyable and successful as possible. From tips to templates, this guide is packed with everything you need to reach your goals. Plus, our team is available to assist you every step of the way.

Here's how the TSA Dog Jog works:

-  Set up your JustGiving page to start fundraising.
-  Choose a location that works for you and your dog—whether it's your local park, a favourite walking route, or your own backyard.
-  Spread the word! Tell your friends and family about the event, and encourage them to register too.
-  Begin your training and get familiar with your route.
-  Share your fundraising page to encourage friends and family to donate towards your challenge.
-  Print out your participation numbers for both you and your dog.
-  Complete your 5k by walking, jogging, or running on one day in March.



Fundraising

Raise funds by creating a fundraising page that you can share with friends and family.

JustGiving™

Setting up a JustGiving page is simple and a great way to collect donations online. Be sure to personalize your page with photos of you and your dog, and share why you're participating in the TSA Dog Jog.

Click [here](#) to create your own Dog Jog JustGiving fundraising page.

While there's no minimum fundraising target, every pound you raise helps the TSA make a difference. Set a goal that feels achievable and challenge yourself to go beyond it!



You are making a difference

Every donation counts. We receive no government funding, your support is the difference between the TSA being here or not.

The Tuberous Sclerosis Association is dedicated to improving the lives of people affected by TSC. Donations from events like the Dog Jog enable us to:

- Provide vital information and support services.
- Fund pioneering research to find better treatments and, one day, a cure for TSC.
- Advocate for the needs of the TSC community across the UK.



£10

could provide a free information pack to support parents with a newly diagnosed child

£20

could provide one-to-one tailored guidance through our confidential helpline

£50

could fund essentials needed for a clinical trial into new treatments

What happens next?

We are here to support you all the way, when you sign up you will receive:

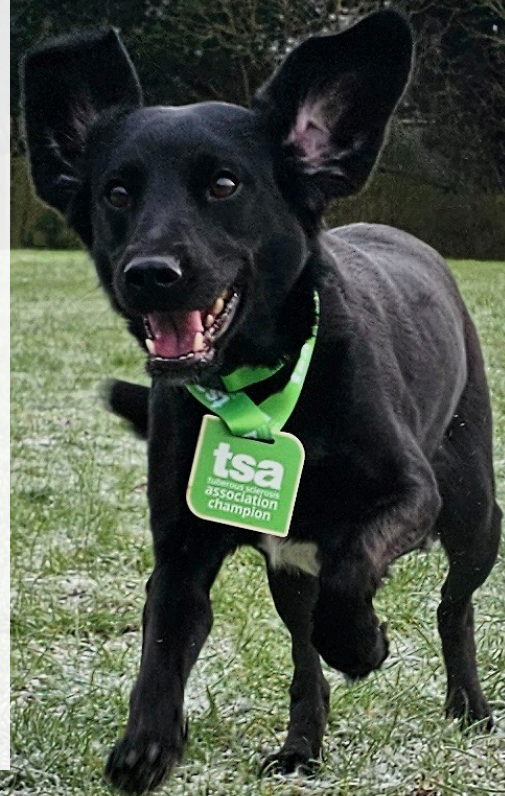
- 🐾 A welcome email and regular updates to support you on your fundraising journey.
- 🐾 Your participant number for you and your dog.
- 🐾 Direct support from the event organiser to answer any questions.

After completing the challenge, you'll receive a finisher pack* that includes:

- 🐾 A TSA Dog Jog drawstring bag
- 🐾 A buff
- 🐾 A finisher medal for you
- 🐾 A collar medal (or keyring) for your furry friend
- 🐾 A finisher certificate

Your finish time will also be added to the event organiser's Dog Jog Virtual Challenge finisher's "pawdium".

*Items are subject to change and may differ slightly from the checklist



Fundraising Tips

Make an impact by sharing your story



Be proud to share your fundraising page on social media.



Set a target, pages with a target raise 17% more!



Make your own first donation, to get your fundraising started.



Take and share photos make sure you also send them to us!



Tell your employer, they may sponsor you or match your donations!



Let fellow dog walkers join you for a donation, if they don't want to sign up.



Share regular updates to your followers, so they can follow your progress.



Raise 40% more by connecting your fundraising page to your fitness app.



Finished your challenge? Share your page and your total raised to encourage more donations.



Celebrate and share your progress and fundraising milestones.

Don't forget to say thank you to all your donors and supporters.



Cashless donations on the go with



GIVE TAP

All you need is your phone and to download the free Give Tap App.



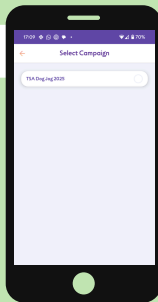
Step 1

Download the Give Tap on Apple App Store or Google Play Store



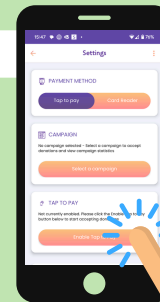
Step 2

Log in with email:
fundraising@tuberous-sclerosis.org
and password **tsafundraising**




Step 4

Select the relevant fundraising campaign



Step 3

Enable the option Tap to Pay

Click the Give Tap icon  to take your first donation, select/enter the donation amount, then press continue. If you tick the Gift Aid box the donor will be asked for their name and address.

FAQ's

What is the Give Tap app and how does it work?

The Give Tap App enables you to take contactless donations in person, instantly, from your own phone.

Is any donor information stored on the phone?

No, all data is transmitted at the point of donation, with nothing left on the app post-donation. Donors can be confident that the security of their card details is maintained at each stage of the process.

What happens to the donation?

The donation will be paid to the TSA via Stripe who will then deduct their fees and make a payment to the TSA. No payments are made to the fundraiser.

What is the minimum and maximum donation?

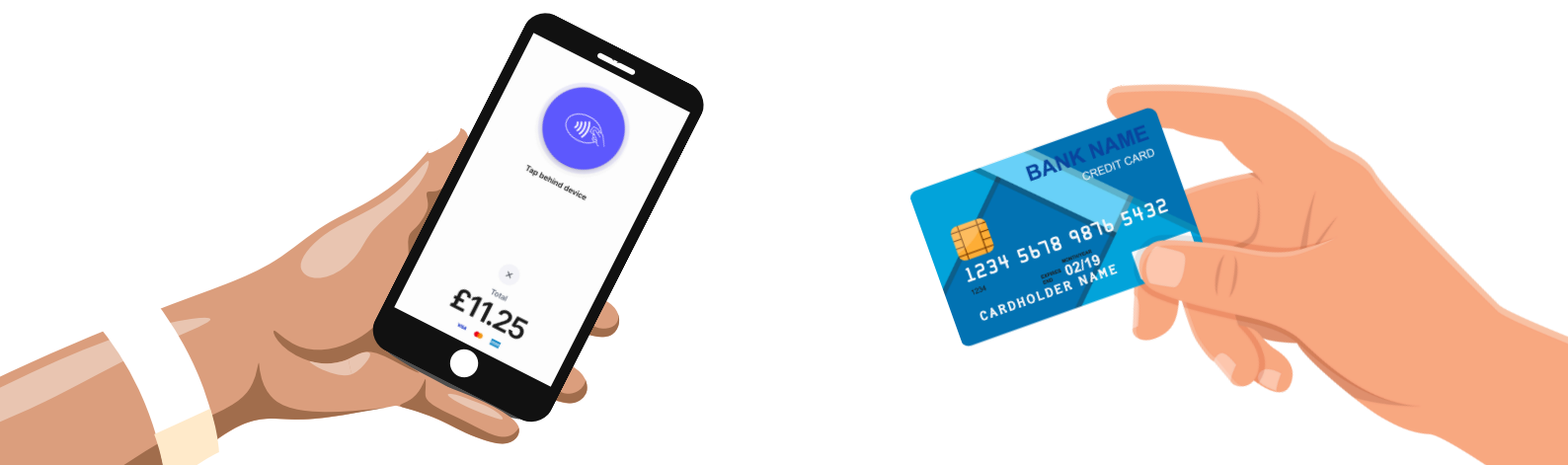
There is no minimum donation. The contactless limit in the UK is £100, there is no limit to the number of transactions you can take.

What phone/software version do I need?

It's available on iOS and Android. If you have an iPhone you will need an iPhone XS or later, running iOS 16.4 or later. Please note, the iPhone SE is not currently supported for this feature.

Does it take digital wallets e.g Apple Pay?

Yes - the app accepts payments from NFC-based digital wallets such as Apple Pay, Google Pay and Samsung Pay.



We're raising money for
**Tuberous Sclerosis
Association**



www.tuberous-sclerosis.org



We're raising money for **Tuberous Sclerosis Association**



Event:

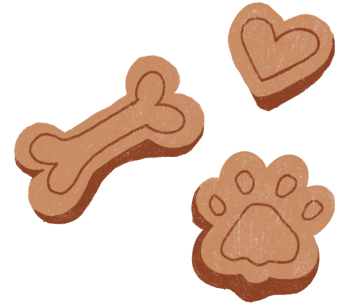
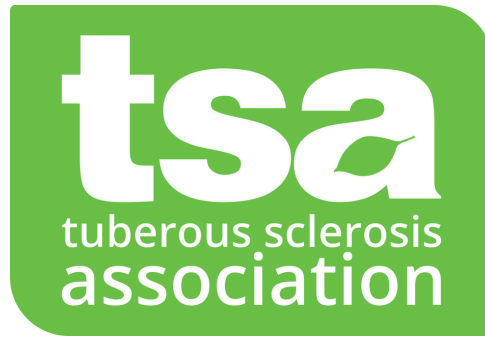
When:

Where:



www.tuberous-sclerosis.org





Support the TSA

Sign up to the TSA Dog Jog

Scan the QR code and complete the form to sign up and walk this March.



Sign up today





I'm raising funds for the
Tuberous Sclerosis Association
 To provide help for today and a cure for tomorrow



Registered with

**FUNDRAISING
 REGULATOR**

Fundraiser Name: _____ **Event:** _____ **Date:** _____

Address: _____ **Postcode:** _____ **Email:** _____

Tick the Gift Aid Box
 The TSA will receive 25p for every £1 that you donate.

Full name	Home address We need your address to claim Gift Aid on your donation.	Postcode	Email We'd like to contact you with information about TSA news and events. Please tick here if you wish to receive updates.	Donation amount	Donation date
			<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Total raised £

Thank you for your support!

The donor information on this form will be used for processing your Gift Aid claim.
 Please refer to our privacy policy for more information: www.tuberous-sclerosis.org.

giftaid it If you are a UK tax payer please provide your full home address and postcode to make your donation go further.

By ticking the 'Gift Aid' box you are agreeing to the following statement -
 "I want Tuberous Sclerosis Association (TSA) to reclaim tax on my donation detailed above, given on the date shown. I confirm I am a UK taxpayer and understand that if I pay less Income Tax or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference".



I'm raising funds for the
Tuberous Sclerosis Association
 To provide help for today and a cure for tomorrow



Tick the Gift Aid Box
 The TSA will receive 25p for every £1 that you donate.

Full name	Home address We need your address to claim Gift Aid on your donation.	Postcode	Email We'd like to contact you with information about TSA news and events. Please tick here if you wish to receive updates.	Donation amount	Donation date
			<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Thank you for fundraising for the Tuberous Sclerosis Association

Your details

Name

Address

Postcode

Telephone

Email

Date paid

Paid via Online Post Bank Transfer

Keep up to date with the TSA

We'd love to keep in touch with you about our services, support, events, charity news and fundraising. We will not be able to contact you without your permission. Please tick the boxes below so that we can continue to share information and ask for your help.

Post Phone Email Text (SMS)



Complete and send a copy of this form to
fundraising@tuberous-sclerosis.org

Event name	<input type="text"/>
Event date	<input type="text"/>
Total raised	<input type="text"/>

Pay in your donations



Online

Visit www.tuberous-sclerosis.org/donate

Post

Please make cheques payable to "TSA"

Fundraising Team, The Tuberous Sclerosis Association, c/o Nightingale House, 46-48 East Street, Epsom, Surrey, KT17 1HQ



Bank Transfer

Account Name: Tuberous Sclerosis Association

Sort Code: 40-52-40

Account number: 00007047





THANK YOU

Together we raised

£ _____

We're incredibly grateful to everyone who has donated to the TSA Dog Jog. It's only through your kindness and generosity that we're able to continue to be here to provide help for today and a cure for tomorrow. **Thank you!**



www.tuberous-sclerosis.org

FAQ's

Can I change my challenge distance?

Yes, 5k is our suggested distance but you can take on whichever distance you like, whether that's 5K or a bit more.

Is there a minimum fundraising target?

We have suggested a minimum fundraising target of £50.00, but most importantly we ask you to just raise as much as you can for individuals and families affected by TSC.

Can I order additional fundraising resources?

Yes, you can request additional fundraising resources by clicking [here](#).

I need the link to set up a JustGiving page?

No problem, click [here](#) to set up your TSA Dog Jog Just Giving page.

When will I receive my medal and goodies?

These will be sent out once you have submitted your finish time to the event organiser.

I have other questions?

Not a problem at all, if we haven't answered your questions, please feel free to email the fundraising team - fundraising@tuberous-sclerosis.org



Thank You and Good Luck!

We are so grateful for your incredible support by taking part in the Dog Jog for the Tuberosus Sclerosis Association (TSA). Your dedication not only helps raise vital funds but also spreads awareness about TSC, making a real difference in the lives of those affected by this condition.

From all of us at the TSA

Thank you